

How to Administer an EpiPen®

- Identify someone to call 9-1-1.
- Flip open cap at top of carrier tube.
- Remove EpiPen® from carrier tube and remove the blue safety release.



- Form a fist around the unit with the orange tip pointing downward.
- Swing and **firmly push** orange tip against outer thigh until click is heard. (Auto-injector may be given through clothing).



- **Hold in place for 10 seconds.** The injection is now complete.
- Remove pen from thigh and massage injection site for 10 seconds.
- Place used auto-injector into carrier tube and give to EMS when they arrive.
- Document administration of EpiPen® in Medication Administration Record (MAR).

Note: Always refer to the package insert for additional information on administration.

(Modified from <http://files.EpiPen®.gethifi.com/footer-pdfs/patient-packaging-insert-pdf/Patient-Information.pdf>, January 2011)

